



Menus for **May 2019**

MEHERRIN
ELEMENTARY SCHOOL

This institution is an equal opportunity provider. Menus are subject to change.

CINCO de MAYO

Cinco de Mayo (Spanish for "May Fifth") is a time to celebrate Mexican-American food and culture in the U.S. It's a much bigger deal here than it is in Mexico!

SOL TESTING

Testing Begins May 7th

ALL CHILDREN TESTING IN MAY HAVE FREE BREAKFAST ON THEIR SOL DAY!!

Wednesday, May 1

Breakfast

Mini Pancakes
Fruit, Fruit Juice
Milk

Lunch

Chicken Nuggets
Roll
Green Beans
Tater Tots
Mixed Fruit
Milk

Thursday, May 2

Breakfast

Cereal w/Graham
Crackers
Fruit, Fruit Juice
Milk

Lunch

Hot Dog on Bun w/
Diced Onion and Relish
Baked Beans
French Fries
Sliced Peaches
Milk

Friday, May 3

Breakfast

Breakfast Pizza
Fruit, Fruit Juice
Milk

Lunch

Pepperoni Pizza
Romaine Garden
Salad
Carrots
Oranges
Milk

Available Daily

Fresh Chef Salads

(Turkey or Ham, Romaine Lettuce, Variety of Vegetables, and Crackers)

Snack Attack

(Yogurt and Cheese Stick, Cheez Its or Wow Butter and Jelly Sandwich and Cheese Stick, both served with a fresh Vegetable, and Fruit)

All Meals Include Vegetables and Fruit of the Day and Milk

Monday, May 6

Breakfast

Maple Waffles
Fruit, Fruit Juice
Milk

Lunch

Chicken Sandwich
w/lettuce, tomato
Green Beans
Potato Wedges
Diced Peaches
Milk

Tuesday, May 7

Breakfast

Sausage, Egg, Cheese
Biscuit, or Oatmeal or
Breakfast Pizza
Hash brown, Juice,
Fruit, Milk

Lunch

Cheeseburger w/the
Works
French Fries
Carrots/w Dip
Diced Pears
Milk

Wednesday, May 8

Breakfast

Ham, Egg, Cheese
Croissant, or Breakfast
Pizza Deluxe
Hash Brown, Fruit,
Juice, Milk

Lunch

Chicken Taco w/
lettuce, tomato, cheese,
salsa, sour cream
Black Beans
Corn
Fresh Pear, and Milk

Thursday, May 9

Breakfast

Chicken Biscuit, or
Toasted Cheese
Sandwich, Hash
Brown, Fruit, Juice,
Milk

Lunch

BBQ Sandwich
Creamy Cole Slaw
Sweet Potato Fries
Apples
Milk

Friday, May 10

Breakfast

Pop Tart
Fruit, Fruit Juice Milk

Lunch

Cheese Pizza
Quesadillas w /
Marinara Sauce
Garden Salad
Carrots
Oranges
Milk

MOTHER'S DAY SUNDAY, MAY 12

